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| **Over-the-Counter Drug List** |
| **April 2017** |

The **University of Maryland Health Partners Over-the-Counter Drug List** is a guide to non-prescription medicines that are covered by your plan. This list can help your doctor choose the medicines that are right for you. If an over-the-counter medicine that you use is not on this list, it may still be covered if your doctor asks for you to get it. Over-the-counter drug coverage requires a valid prescription.

BRAND PRODUCTS are listed in CAPITAL LETTERS and *generic products* in lowercase *italic letters*.

**This list is not an all-inclusive list and does not guarantee coverage.** Please visit [**www.umhealthpartners.com**](http://www.umhealthpartners.com/) for a complete list.

# ALLERGY & CONGESTION

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| **PRODUCT NAME †** | **BRAND NAME EXAMPLES** |
| *budesonide spray* | RHINOCORT ALLERGY |
| *cetirizine* | ZYRTEC |
| *cetirizine-pseudoephedrine ext-rel* | ZYRTEC-D 12 HOUR |
| *chlorpheniramine* |  |
| *chlorpheniramine ext-rel* |  |
| *clemastine* |  |
| *cromolyn sodium nasal spray* | NASALCROM |
| *diphenhydramine* | BENADRYL |
| *fexofenadine* | ALLEGRA |
| *fexofenadine-pseudoephedrine ext-rel* | ALLEGRA-D |
| *fluticasone spray* | FLONASE ALLERGY RELIEF |
| *loratadine* | CLARITIN |
| *loratadine-pseudoephedrine ext-rel* | CLARITIN-D |
| *pseudoephedrine* | SUDAFED |
| *pseudoephedrine ext-rel* | SUDAFED |
| *triamcinolone acetonide spray* | NASACORT ALLERGY 24HR |
| *triprolidine-pseudoephedrine liq, syp* |  |

**ANTACIDS & ACID REDUCERS**

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| **PRODUCT NAME †** | **BRAND NAME EXAMPLES** |
| *alumina-magnesia* | MAALOX |
| *alumina-magnesia-simethicone* | MAALOX |
| *alumina-magnesia-simethicone* | MYLANTA |
| *calcium carbonate* |  |
| *cimetidine* | TAGAMET HB |
| *esomeprazole magnesium delayed-rel* | NEXIUM 24HR |
| *famotidine* | PEPCID AC |
| *lansoprazole delayed-rel* | PREVACID 24HR |
| *omeprazole delayed-rel tabs* |  |
| *omeprazole magnesium delayed-rel* | PRILOSEC OTC |
| *omeprazole magnesium delayed-rel caps* |  |
| *omeprazole-sodium bicarbonate* | ZEGERID OTC |
| *ranitidine* | ZANTAC |

**ANTIDIARRHEALS**

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| **PRODUCT NAME †** | **BRAND NAME EXAMPLES** |
| *bismuth subsalicylate* | PEPTO-BISMOL |
| *loperamide* |  |
| *loperamide-simethicone* | IMODIUM |

**ANTIEMETIC**

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| **PRODUCT NAME †** | **BRAND NAME EXAMPLES** |
| *meclizine* |  |

**ANTIFUNGALS, TOPICAL**

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| **PRODUCT NAME †** | **BRAND NAME EXAMPLES** |
| *miconazole* | MICATIN |
| *tolnaftate* | TINACTIN |

**ANTIFUNGALS, VAGINAL**

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| **PRODUCT NAME †** | **BRAND NAME EXAMPLES** |
| *clotrimazole* |  |
| *miconazole* |  |

**ANTI-ITCH LOTIONS & CREAMS**

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| **PRODUCT NAME †** | **BRAND NAME EXAMPLES** |
| *calamine lotion* |  |
| *hydrocortisone crm, gel, lotion, oint, soln 1%* | CORTIZONE-10 |
| *hydrocortisone oint 0.5%* |  |
| *hydrocortisone-aloe vera crm 0.5%, 1%* |  |

**ANTIBACTERIALS, TOPICAL**

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| **PRODUCT NAME †** | **BRAND NAME EXAMPLES** |
| *bacitracin* |  |
| *bacitracin-polymyxin B*  neomycin-bacitracin- polymyxin B | POLYSPORIN  NEOSPORIN |
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# COUGH & COLD

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| **PRODUCT NAME †** | **BRAND NAME EXAMPLES** |
| *dextromethorphan-guaifenesin ext-rel* | MUCINEX DM |
| *dextromethorphan-guaifenesin liq, soln, syp* | |
| *dextromethorphan-guaifenesin-pseudoephedrine liq 10 mg/100 mg/30 mg/5 mL* | |
| *guaifenesin ext-rel* | MUCINEX |
| *guaifenesin liq* | DIABETIC TUSSIN |
| *guaifenesin liq, syp, tabs* |  |
| *pseudoephedrine-guaifenesin ext-rel* | MUCINEX D |
| *pseudoephedrine-guaifenesin syp 30 mg/100 mg/5 mL* |  |

**DIABETES - INSULINS**

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| **PRODUCT NAME †** | **BRAND NAME EXAMPLES** |
| *insulin human* | HUMULIN R |
| *insulin human* | NOVOLIN R |
| *insulin isophane human* | HUMULIN N |
| *insulin isophane human* | NOVOLIN N |
| *insulin isophane human 70%/regular 30%* | HUMULIN 70/30 |
| *insulin isophane human 70%/regular 30%* | NOVOLIN 70/30 |

**DIABETES - SUPPLIES**

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| **PRODUCT NAME †** | **BRAND NAME EXAMPLES** |
| *alcohol swabs* |  |
| *blood glucose monitoring kits, test strips* | FREESTYLE FREEDOM LITE STRIPS AND KITS,  FREESTYLE INSULINX STRIPS AND KITS,  FREESTYLE LITE STRIPS AND KITS,  PRECISION XTRA STRIPS AND KITS |
| *insulin syringes, needles* |  |
| *lancets* |  |
| *multiple urine test products* | KETO-DIASTIX |
| *multiple urine test products* | MULTISTIX |

**EYE CARE**

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| **PRODUCT NAME †** | **BRAND NAME EXAMPLES** |
| *artificial tears oint, soln* | ARTIFICIAL TEARS |
| *ketotifen* | ZADITOR |

**GAS RELIEVERS, LAXATIVES & STOOL SOFTENERS**

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| **PRODUCT NAME †** | **BRAND NAME EXAMPLES** |
| *bisacodyl* | DULCOLAX |
| *docusate calcium* |  |
| *docusate sodium* | COLACE |
| *polyethylene glycol 3350* | MIRALAX |
| *psyllium* |  |
| *senna* |  |
| *sennosides* | SENOKOT |
| *sennosides-docusate sodium* | SENNA PLUS |
| *simethicone* |  |

**MEDICAL SUPPLIES**

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| **PRODUCT NAME †** | **BRAND NAME EXAMPLES** |
| *nebulizer* |  |
| *peak flow meter* |  |
| *respiratory mask* |  |
| *sodium chloride for inhalation* |  |
| *spacer* | AEROCHAMBER |
| *vaporizer* |  |

**OVERACTIVE BLADDER**

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| **PRODUCT NAME †** | **BRAND NAME EXAMPLES** |
| *oxybutynin transdermal* **\*** | OXYTROL FOR WOMEN |

**\*** gender restriction - coverage for females

# PAIN & INFLAMMATION

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| **PRODUCT NAME †** | **BRAND NAME EXAMPLES** |
| *acetaminophen* | TYLENOL |
| *aspirin* |  |
| *ibuprofen* | ADVIL |
| *naproxen sodium* | ALEVE |

**TOPICAL, MISCELLANEOUS**

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| **PRODUCT NAME †** | **BRAND NAME EXAMPLES** |
| *ammonium lactate 12%* | LAC-HYDRIN |
| *benzoyl peroxide* |  |
| *docosanol* | ABREVA |
| *lidocaine-benzalkonium chloride* | BACTINE |
| *permethrin* |  |
| *povidone-iodine* | BETADINE |
| *selenium sulfide shampoo 1%* | SELSUN BLUE |

**VITAMINS/MINERALS**

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| **PRODUCT NAME †** | **BRAND NAME EXAMPLES** |
| *calcium* |  |
| *calcium-vitamin D* |  |
| *cholecalciferol (D3)* | VITAMIN D |
| *electrolyte soln, oral* | PEDIALYTE |
| *ferrous fumarate* |  |
| *ferrous gluconate* | FERGON |
| *ferrous sulfate* | FEOSOL |
| *folic acid* |  |
| *omega-3 fatty acids* | FISH OIL |
| *omega-3 fatty acids-vitamin E* | FISH OIL |
| *pyridoxine 50 mg* | VITAMIN B6 |

**MISCELLANEOUS**

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| **PRODUCT NAME †** | **BRAND NAME EXAMPLES** |
| *acetic acid soln* |  |
| *pyrantel* | PIN-X |
| *sodium chloride nasal spray* | OCEAN |

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| **†** | Only the generic version(s) are covered when available. |

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